2018 L Education Program Recommended Reading List

USDF Members receive a 10% discount on books purchased through the USDF Store (some exclusions apply)

* Strongly recommended for those participating in the L Education program

**JUDGING:**

* [FEI DRESSAGE HANDBOOK: GUIDELINES FOR JUDGING](#) - Federation Equestre Internationale

The DVDs listed below were filmed before the 1/2 points were used:

* [Through the Eye of the Judge – Vol. 1 – Novice](#) - British FEI 5* judge, Stephen Clarke gives a judging evaluation of British tests which include Training level and some First level movements and an additional “cribsheet” for every movement with a comment.

* [Through the Eye of the Judge – Vol. 2 - Elementary](#) - British FEI 5* judge, Stephen Clarke gives a judging evaluation of British tests which include some First and Second Level Movements and an additional “cribsheet” for every movement with a comment.

* [Through the Eye of the Judge – Vol 3 – Medium/Advanced](#) - British FEI 5* judge, Stephen Clarke gives a judging evaluation of British tests including Second level movements of travers; Shoulder in; Medium paces. This disk also includes many Third Level Movements and an additional “cribsheet” for every movement with a comment.

* [2015 ON THE LEVELS: JUDGE COMMENTARIES](#) with scores and comments from the three US FEI 5* judges. Anne Gribbons, Lilo Fore, and Gary Rockwell each judge one test per level

**DRESSAGE: A GUIDELINE FOR RIDERS AND JUDGES** - Wolfgang M. Niggli

**THE VIEW FROM C** (available through The Dressage Foundation) - Dr. Dietmar Specht - Score definitions and collective marks have been revised since the publication of this book.

**BIOMECHANICS OF THE HORSE**

USDF members can also receive a 20% discount at [www.HorseandRiderBooks.com](http://www.HorseandRiderBooks.com) by using the discount code USDF2018

* [DRESSAGE HORSE OPTIMIZED](#) - Jim Masterson & Coralie Hughes - A horse painted with skeleton performs upper level dressage movements that exhibit extension, collection, bending, and lateral movements. [DVD](#) also available.

* [THE DYNAMIC HORSE: A Biomechanical Guide to Equine Movement and Performance](#) - Hilary M. Clayton

  Through knowledge of biomechanics, the reader will develop a better understanding of how horses move and perform. This book addresses key concepts including tempo, rhythm, balance, characteristics of different gaits, speed and economy of movement.

* [COLLECTION OR CONTORTION](#) - Gerd Heuschmann – Misconceptions and exploring the truths of Horse Positioning and Bending

* [SELECTING THE DRESSAGE HORSE: CONFORMATION, MOVEMENT, TEMPERAMENT](#) - Dirk Willem Rosie

* [THE WAY TO PERFECT HORSEMANSHIP](#) - Udo Burger

* [TUG OF WAR: CLASSICAL VERSUS “MODERN” DRESSAGE](#) - Gerd Heuschmann
BIOMECHANICS OF THE RIDER

* BALANCE IN MOVEMENT - Susanne von Dietze
  (DVD also available)

ACADEMIC EQUITATION - General Decarpentry

ADVANCED TECHNIQUES OF RIDING - The Official Instruction Handbook of the German National Federation

BIOMECHANICAL RIDING AND DRESSAGE: A RIDER’S ATLAS - Dr. Nancy Nicholson

RIDE BETTER WITH CHRISTOPH HESS - Christoph Hess

THE CLASSICAL RIDER - Sylvia Loch

THE PRINCIPLES OF RIDING - The Official Instruction Handbook of the German National Federation

WHEN TWO SPINES ALIGN - Beth Baumert

PROGRESSIVE TRAINING OF THE DRESSAGE HORSE

BASIC TRAINING OF THE YOUNG HORSE - Ingrid and Reiner Klimke
  DVDs also Available

DRESSAGE IN HARMONY - Walter Zettl

PRACTICAL DRESSAGE MANUAL - Colonel Bengt Ljungquist

REAL LIFE DRESSAGE - Carl Hester and Polly Ellison

SIMPLICITY OF DRESSAGE - Johann Hinnemann and Coby van Baalen

THE COMPLETE TRAINING OF HORSE AND RIDER - Colonel Alois Podhajski

UTA GRAF’S EFFORTLESS DRESSAGE PROGRAM - Uta Graf & Friederike Heidenhof
  (DVD also Available)

CLASSICS- Many of these books are out of print, but can be found on Amazon, consider selecting the USDF smile account when ordering.

A GENERAL SYSTEM OF HORSEMANSHIP - William Cavendish, Duke of Newcastle

MASTER OF EQUITATION - Trot and Canter - Martin Diggle

THE ART OF TRAINING: Lessons from a Lifetime with Horses (The Masters of Horsemanship Series, Book 2)
  By Hans von Blixen-Finecke

RIDING LOGIC - Wilhelm Museler

THE BASICS - K.A. von Ziegner

THE GYMNASIUM OF THE HORSE - Gustav Steinbrech Available as Audio Book